Holding Steady in Uncertain Times: No Worries

Wylie United Methodist Church Pastor Jeff Hatcher – January 27, 2019

Philippians 4:6-8

6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. 8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.

During uncertain times...

1. DON'T FRET ABOUT THE FUTURE

Phil 4:6

6 Do not be anxious about anything...

Matt 6:25-27

25 "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Who of you by worrying can add a single hour to his life?"

During uncertain times...

2. FIX YOUR <u>HEART</u> AND <u>MIND</u> ON GOD

Phil 4:8

8 Finally, brothers, whatever is <u>true</u>, whatever is <u>noble</u>, whatever is <u>right</u>, whatever is <u>pure</u>, whatever is <u>lovely</u>, whatever is <u>admirable</u> — if anything is <u>excellent</u> or praiseworthy — think about such things.

Col 3:1-2

I Since, then, you have been raised with Christ, <u>set your hearts</u> on things above, where Christ is seated at the right hand of God. 2 Set your minds on things above, not on earthly things.

Matt 6:33-34

33 "But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

During uncertain times...

3. TRUST EVERYTHING TO GOD

Phil 4:6-7

6 ... in everything, by <u>prayer</u> and petition, <u>with thanksgiving</u>, present your requests to God. 7 And the <u>peace of God</u>, which transcends all understanding, will <u>guard your hearts and your minds</u> in Christ Jesus.

John 14:27

27 "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."