The First Noel – Joseph do not be afraid (Overcoming Fear)

Wylie United Methodist Church Pastor Jeff Hatcher – December 6, 2015

Matt 1:18-25

18 This is how the birth of Jesus Christ came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be with child through the Holy Spirit. 19 Because Joseph her husband was a righteous man and did not want to expose her to public disgrace, he had in mind to divorce her quietly. 20 But after he had considered this, an angel of the Lord appeared to him in a dream and said, "Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. 21 She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins." 22 All this took place to fulfill what the Lord had said through the prophet: 23 "The virgin will be with child and will give birth to a son, and they will call him Immanuel" which means, "God with us." 24 When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. 25 But he had no union with her until she gave birth to a son. And he gave him the name Jesus.

We overcome fear by...

1. REALIZING THAT FEAR IS NOT FROM GOD

Matt 1:20

"Joseph son of David, $\underline{DO\ NOT\ BE\ AFRAID}$ to take Mary home as your wife...

Mary, "DO NOT BE AFRAID" (Luke 1:30)
The shepherds, "DO NOT BE AFRAID" (Luke 2:10)
The women at the tomb, "DO NOT BE AFRAID" (Matt 28:5)
The resurrected Jesus, "DO NOT BE AFRAID" (Matt 28:10)

1 John 4:18

There is no fear in love. But perfect love drives out fear...

We overcome fear by...

2. REPLACING FEAR WITH FAITH

Matt 1:24

When Joseph woke up, <u>he did what the angel of the Lord had</u> <u>commanded him</u> and took Mary home as his wife.

Heb 11:1

Now <u>faith is</u> being <u>sure</u> of what we <u>hope for</u> and certain of what we do not see.

We overcome fear by...

3. FOCUSING ON THE BIG PICTURE

Matt 1:21-23

21 "She will give birth to a son, and <u>you are to give him the</u> name Jesus, because <u>he will save his people from their sins.</u>" 22 All this took place to fulfill what the Lord had said through the prophet: (Isa 7:14) 23 "The virgin will be with child and will give birth to a son, and they will call him Immanuel"—which means, "God with us."

Phil 3:13-14

13... one thing I do: Forgetting what is behind and straining toward what is ahead, 14 <u>I press on</u> toward the goal <u>to win the prize</u> for which God has called me heavenward in Christ Jesus.

CONCLUSION:

John 14:27

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and <u>do not be afraid</u>.