

“Summer of Psalms: Happiness 101”

Wylie United Methodist Church

Pastor Jeff Hatcher – July 6, 2014

[Psalms 1:1-3](#)

1 Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. 2 But his delight is in the law of the Lord, and on his law he meditates day and night. 3 He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

If you want to be happy...

1. **DON'T FOLLOW THE CROWD**

[Psalm 1:1](#)

Blessed is the man who does not...

- DON'T LISTEN TO WHAT THE CROWD SAYS

[Psalm 1:1a](#)

Blessed is the man who does not walk in the counsel of the wicked...

- DON'T DO WHAT THE CROWD DOES

[Psalm 1:1b](#)

Blessed is the man who does not ... stand in the way of sinners...

[Proverbs 14:12](#)

There is a way that seems right to a man, but in the end it leads to death.

- DON'T GO WHERE THE CROWD GOES

[Psalm 1:1c](#)

Blessed is the man who does not ... sit in the seat of mockers.

If you want to be happy...

2. **GET A ONE-TRACK MIND**

[Psalm 1:2](#)

2 (The blessed man's) delight is in the law of the Lord, and on his law he meditates day and night.

[Joshua 1:7-8](#)

7 Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. 8 Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

If you want to be happy...

3. **GET WEATHER-RESISTANT FAITH**

[Psalm 1:3](#)

3 (The blessed man) is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.