Called to be "Happy, Happy,"

Wylie United Methodist Church Pastor Jeff Hatcher – May 5, 2013

Philippians 4:4-13

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. 8 Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-if anything is excellent or praiseworthy-think about such things. 9 Whatever you have learned or received or heard from me, or seen in me-put it into practice. And the God of peace will be with you. 10 I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. 11 I am not saying this because I am in need, for I have learned to be content whatever the circumstances. 12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. 13 I can do everything through him who gives me strength.

The Secret to being Happy, Happy, Happy is...

1. LEARNED

(v. 12) I have <u>learned the secret</u> of being content in <u>any and every situation</u>, whether well fed or hungry, whether living in plenty or in want.

Heb 5:8

[Jesus] learned obedience from what he suffered.

Happiness is a choice you make and a habit you develop.

The Secret to being Happy, Happy, Happy is to...

2. PRAISE GOD

(v.4) Rejoice in the Lord always. I will say it again: Rejoice!

Heb 13:15

Through Jesus, therefore, let us <u>continually offer to God</u> a <u>sacrifice of praise</u>-the fruit of lips that confess his name.

The Secret to being Happy, Happy is to...

3. PRAY, PRAY, PRAY

(v. 6) Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

1 Peter 5:7

Cast all your anxiety upon him, because he cares for you.

The Secret to being Happy, Happy, Happy is to...

4. CHOOSE JOY

(v. 8) Finally, brothers, whatever is <u>true</u>, whatever is <u>noble</u>, whatever is <u>right</u>, whatever is <u>pure</u>, whatever is <u>lovely</u>, whatever is <u>admirable</u>-if anything is <u>excellent</u> or <u>praiseworthy-think</u> about such things.

Col 3:1-2

1 Since, then, you have been raised with Christ, <u>set your hearts</u> on things above, where Christ is seated at the right hand of God. 2 Set your minds on things above, not on earthly things.

What's True?

- GOD LOVES YOU. (1 John 3:16)
- GOD IS WITH YOU. (Hebrews 13:5)
- GOD HAS A PLAN FOR YOU. (Romans 8:28)
- YOU ARE GOD'S CHILD. (1 John 3:1)

Being Happy, Happy, Happy results in...

5. GOD'S INCOMPREHENSIBLE PEACE

(v. 7) And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

John 14:27

<u>Peace I leave with you</u>; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

"For the joy set before Him [Jesus] endured the cross." (Heb 12:2)